

Easy Access to Your Behavioral Health Benefit

We hope you will keep
these cards close by
for access to confidential help,
24 hours a day,
seven days a week.

Anytime you're faced with
a problem too difficult to work
through alone, please call
our toll-free number.

1-866-312-3078

1-800-842-9489 TDD



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live and work well

Your Behavioral Health Benefit

1-866-312-3078

Toll-free

1-800-842-9489 TDD

or log on to

www.liveandworkwell.com

access code: see your ID card

Call anytime for
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with life's concerns.

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Maricopa County

UB

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Your Behavioral Health benefit
gives you and your covered family members
access to in-person support
for a wide range of concerns, including:

- Depression
- Legal questions
- Coping with grief and loss
- Alcohol or drug dependency
- Financial issues
- Severe stress



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